

SFY 2017 Annual RBA Report Card: Functional Family Therapy

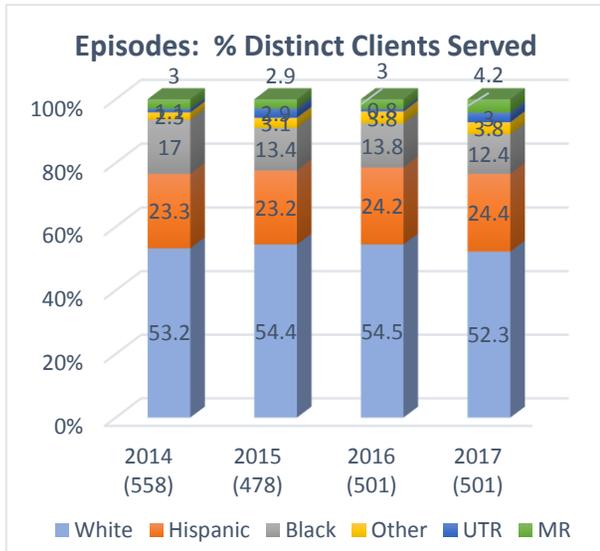
Quality of Life Result: Connecticut's children will live in stable environments, safe, healthy and ready to lead successful lives.

Contribution to the Result: Functional Family Therapy (FFT) is an evidence based short-term family focused in-home treatment serving DCF and Non-DCF involved youth with mental health, behavioral and substance use issues. FFT supports families in becoming more adaptive and successful so youth remain safely in their homes and community and achieve normal developmental goals. DCF's partner for FFT is the National FFT Organization. The statewide contract capacity is 525 to 645 families and the point in time capacity is 175 to 215 families.

Program Expenditures: SFY 2017

State Funding: \$1,790,517

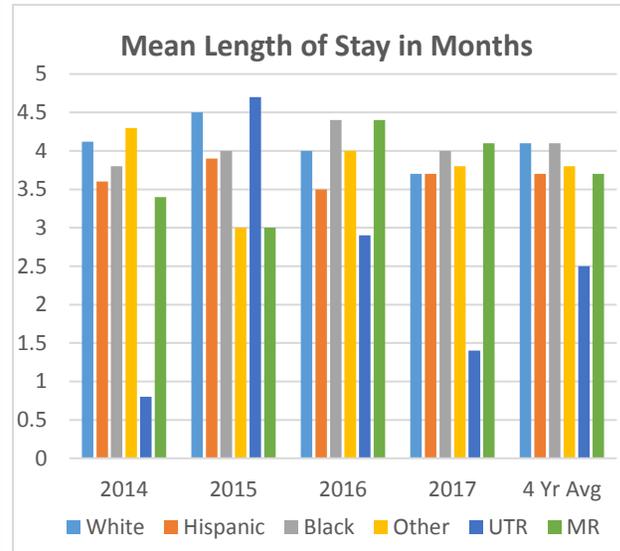
How Much Did We Do?



Story Behind the Baseline: For SFY 2017 the number of admissions of distinct clients remained the same as in 2016, but was 15% higher than in SFY 2015. For SFY 2017 the percentage of Black and Hispanic families served is slightly higher, and the percentage of White families served is slightly lower than the statewide percentages. The SFY 2017 data indicates that the FFT programs statewide are admitting and discharging families as per the model and serving 95.4% of the baseline contracted capacity.

Trend: →

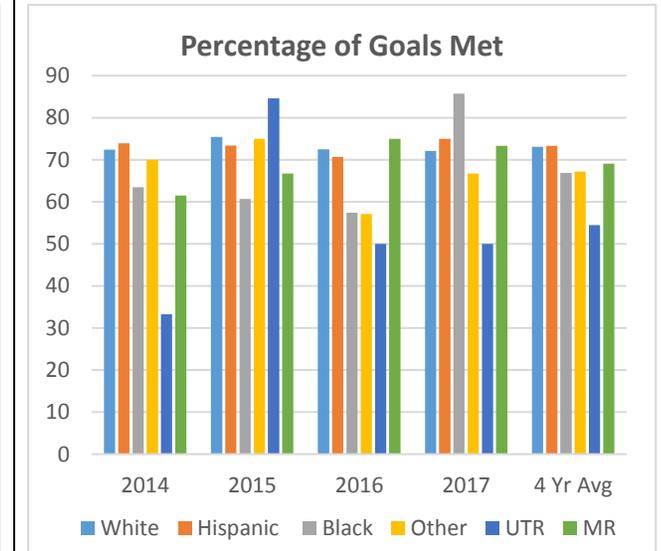
How Well Did We Do It?



Story Behind the Baseline: The mean length of stay (LOS) at discharge for SFY 2017, across race and ethnicity is 3.7 months which is lower than the mean of 3.9 months for SFY 2016. In SFY 2017 the mean LOS in months was 3.7 for White, 3.7 for Hispanic, 4.0 for Black and 4.1 for Multiracial child families. The average mean length of stay for the four years reviewed, across race and ethnicity is 3.7 months. The mean length of stay remains consistent with the FFT national model expectations and the SFY 2017 decrease appears to have no impact on goals met or outcomes which remain high.

Trend: →

How Well Did We Do It?

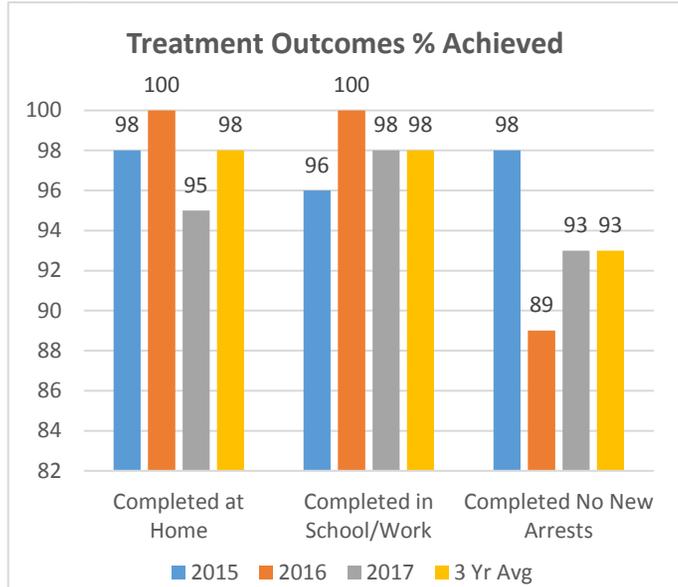


Story Behind the Baseline: In SFY 2017 73.9% of all families met their treatment goals, with Black families at 85.7%, Hispanic families at 75%, and White families at 72.1%. This represents increases in treatment goals met for Black and Hispanic families which were 57.4% and 70.7% respectively in SFY 2016. The average percentage of goals met for the four years reviewed, across race and ethnicity is 67%. While FFT in SFY 2017 is assisting almost three quarters of families served in meeting their goals there is still work needed to address goals met differences between racial and ethnic groups.

Trend: ↑

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Is Anyone Better Off?



Story Behind the Baseline: Data on the CT FFT programs collected by FFT national shows the percentage of children who completed FFT treatment who remain at home, in school/work and who have no further arrests. For SFY 2017 the statewide data shows that 95% of children completing FFT treatment remain at home with 98% remaining in school/work. This compares to 100% and 100% respectively for SFY 2016. The three year average for the data reviewed is 98% for both children remaining at home and in school/work. The measures reflect a very high FFT success rate for keeping youth at home and in school/work. The percentage of children with no new arrests was 93% for SFY 2017 which is an improvement from 89% in SFY 2016. The three year average for no new arrests is 93%. FFT treatment for children and their families is achieving its intended goal of maintaining children in their homes and supporting their achieving normal developmental goals.

Trend: →

Is Anyone Better Off?

Statewide Ohio Scale Results at Discharge

Statewide Ohio Scale Results	Total Discharges	Discharges with Data	Number With 5-Point Improvement	Percentage with 5-Point Improvement	Met 50% Standard?
Parent 2014	418	295	186	63%	Yes
Worker 2014	418	353	218	62%	Yes
Parent 2015	385	289	167	58%	Yes
Worker 2015	385	326	196	60%	Yes
Parent 2016	367	236	135	57%	Yes
Worker 2016	367	314	179	57%	Yes
Parent 2017	391	318	178	56%	Yes
Worker 2017	391	337	190	57%	Yes

Story Behind the Baseline: The Ohio Youth Problems, Functioning, and Satisfaction Scales (Ohio Scales) for assessing behavioral health service outcomes has demonstrated positive changes for children following FFT treatment. For SFY 2017 the Parent and Worker results showed that 56% and 57% respectively of children, at the conclusion of the FFT treatment, were scored as having at least a 5 point Ohio Scales improvement. For each of the past four fiscal years over 50% of families receiving FFT have achieved a 5 point improvement in their Ohio Scales scores as rated by both parents and clinicians. Overall, the results show the effectiveness of FFT treatment in supporting the positive growth and success of youth.

Trend: ↑

Proposed Actions To Turn the Curve: The data for SFY 2017 will be shared with the FFT providers for discussion on maintaining successful trends and addressing some race and ethnic variability in data related to treatment goals met. The discussion will include a review of family engagement strategies across racial and ethnic groups.

Data Development Agenda: At our request the FFT national now sends us data on a monthly, quarterly and annual basis. This data looks at clinician fidelity to the model and treatment outcomes achieved (children remaining at home, in school/work and not being arrested).